

Unlocking the Power of Personal Growth



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Here is the translation to English: **Miko?ajek in the School of Good Changes (for adults)** **Part 1: Fundamentals of Developmental Psychology** **Introduction to Developmental Psychology** **Definition of Developmental Psychology** **History of the Development of Developmental Psychology** **Basic Concepts of Developmental Psychology** **Theories of Personality Development** **Psychoanalytic Theory** **Psychodynamic Theory** **Social Theory** **The Influence of the Environment on Personality Development** **The Influence of Family on Personality Development** **The Influence of School on Personality Development** **The Influence of Social Environment on Personality Development** **Part 2: Methods of Personality Development** **Methods of Personality Training** **Training of Self-Assessment** **Training of Social Skills** **Training of Emotional Skills** **Methods of Personality Therapy** **Cognitive Therapy** **Behavioral Therapy** **Humanistic Therapy** **Methods of Personality Development in School** **Educational Programs** **Teaching Methods** **Evaluation Methods** **Part 3: The Impact of Education on Personality Development** **The Impact of Education on Personality Development** **The Impact of Education on Intellectual Development** **The Impact of Education on Emotional Development** **The Impact of Education on Social Development** **The Impact of Education on Personality Development in School** **The Impact of Teachers on Personality Development** **The Impact of School Conditions on Personality Development** **The Impact of the Teaching Program on Personality Development** **The Impact of Education on Personality Development in Adult Life** **The Impact of Education on Career Development** **The Impact of Education on Social Relationships** **The Impact of Education on Mental Health** **Part 4: Practical Examples** **Examples of Applying Theories of Personality Development in School** **Example 1: Applying Psychoanalytic Theory in School** **Example 2: Applying Psychodynamic Theory in School** **Example 3: Applying Social Theory in School** **Examples of Applying Methods of Personality Development in School** **Example 1: Applying Self-Assessment Training in School** **Example 2: Applying Social Skills Training in School** **Example 3: Applying Emotional Skills Training in School** **Examples of Applying Education in Personality Development in Adult Life** **Example 1: Applying Education in Career Development** **Example 2: Applying Education in Social Relationships** **Example 3: Applying Education in Mental Health** **Part 5: Conclusion** **Conclusion of Theories of Personality Development** **Conclusion of Psychoanalytic Theory** **Conclusion of Psychodynamic Theory** **Conclusion of Social Theory** **Conclusion of Methods of Personality Development** **Conclusion of Self-Assessment Training** **Conclusion of Social Skills Training** **Conclusion of Emotional Skills Training** **Conclusion of Education in Personality Development** **Conclusion of the Impact of Education on Personality Development** **Conclusion of the Impact of Education on Personality Development in School** **Conclusion of the Impact of Education on Personality Development in Adult Life**

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