



# Unlocking the Power of Personal Growth





# Unlocking the Power of Personal Growth

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Here is the translation to English: \*\*Miko?ajek in the School of Good Changes (for adults)\*\* \*\*Part 1: Fundamentals of Developmental Psychology\*\* \* \*\*Introduction to Developmental Psychology\*\* \* Definition of Developmental Psychology \* History of the Development of Developmental Psychology \* Basic Concepts of Developmental Psychology \* \*\*Theories of Personality Development\*\* \* Psychoanalytic Theory \* Psychodynamic Theory \* Social Theory \* \*\*The Influence of the Environment on Personality Development\*\* \* The Influence of Family on Personality Development \* The Influence of School on Personality Development \* The Influence of Social Environment on Personality Development \*\*Part 2: Methods of Personality Development\*\* \* \*\*Methods of Personality Training\*\* \* Training of Self-Assessment \* Training of Social Skills \* Training of Emotional Skills \* \*\*Methods of Personality Therapy\*\* \* Cognitive Therapy \* Behavioral Therapy \* Humanistic Therapy \* \*\*Methods of Personality Development in School\*\* \* Educational Programs \* Teaching Methods \* Evaluation Methods \*\*Part 3: The Impact of Education on Personality Development\*\* \* \*\*The Impact of Education on Personality Development\*\* \* The Impact of Education on Intellectual Development \* The Impact of Education on Emotional Development \* The Impact of Education on Social Development \* \*\*The Impact of Education on Personality Development in School\*\* \* The Impact of Teachers on Personality Development \* The Impact of School Conditions on Personality Development \* The Impact of the Teaching Program on Personality Development \* \*\*The Impact of Education on Personality Development in Adult Life\*\* \* The Impact of Education on Career Development \* The Impact of Education on Social Relationships \* The Impact of Education on Mental Health \*\*Part 4: Practical Examples\*\* \* \*\*Examples of Applying Theories of Personality Development in School\*\* \* Example 1: Applying Psychoanalytic Theory in School \* Example 2: Applying Psychodynamic Theory in School \* Example 3: Applying Social Theory in School \* \*\*Examples of Applying Methods of Personality Development in School\*\* \* Example 1: Applying Self-Assessment Training in School \* Example 2: Applying Social Skills Training in School \* Example 3: Applying Emotional Skills Training in School \* \*\*Examples of Applying Education in Personality Development in Adult Life\*\* \* Example 1: Applying Education in Career Development \* Example 2: Applying Education in Social Relationships \* Example 3: Applying Education in Mental Health \*\*Part 5: Conclusion\*\* \* \*\*Conclusion of Theories of Personality Development\*\* \* Conclusion of Psychoanalytic Theory \* Conclusion of Psychodynamic Theory \* Conclusion of Social Theory \* \*\*Conclusion of Methods of Personality Development\*\* \* Conclusion of Self-Assessment Training \* Conclusion of Social Skills Training \* Conclusion of Emotional Skills Training \* \*\*Conclusion of Education in Personality Development\*\* \* Conclusion of the Impact of Education on Personality Development \* Conclusion of the Impact of Education on Personality Development in School \* Conclusion of the Impact of Education on Personality Development in Adult Life

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