Time: The Ultimate Power

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Publisher: readolla.com

Published date: 2025

Here's the translation to English:

Time Paradox The Power of Time Zimbardo, Boyd

- ## Introduction

  - Introduction to the topic
  - Basic concepts: time, paradox, power
  - Reason for writing the book

- ## Part I: Philosophy of Time

  - ### 1.1. History of Philosophical Concepts of Time

    - Ancient philosophy: Aristotle, Plato
    - Medieval philosophy: Thomism, Augustine
    - Modern philosophy: Kant, Hegel

  - ### 1.2. Time Paradoxes in Philosophy

    - The Sorites paradox
    - The Beraldo paradox
    - The Sorites paradox

  - ### 1.3. Time as Power in Philosophy

    - Conceptualism
    - Relativism
    - Subjectivism

- ## Part II: Physics of Time

  - ### 2.1. Foundations of Time Physics

    - Einstein's theory of relativity
    - Time in physics
    - The impact of time on quantum physics

  - ### 2.2. Time in Quantum Physics

    - Quantum field theory
    - Time in quantum mechanics
    - The impact of time on quantum physics

  - ### 2.3. Time in Particle Physics

    - Theory of particle interactions

- - Time in particle physics
    - The impact of time on particle physics
- **Part III: Psychology of Time**

  - ○ **3.1. The Impact of Time on Psychology**

    - Process theory
    - Cognitive theory
    - Emotional theory

  - ○ **3.2. Time in Cognitive Psychology**

    - Cognitive theory of time
    - The impact of time on memory
    - The impact of time on perception

  - ○ **3.3. Time in Emotional Psychology**

    - Emotional theory of time
    - The impact of time on emotions
    - The impact of time on motivation

- **Part IV: Economics of Time**

  - ○ **4.1. The Impact of Time on Economics**

    - Theory of economic growth
    - Investment theory
    - Consumption theory

  - ○ **4.2. Time in Microeconomics**

    - Market theory
    - Firm theory
    - Work theory

  - ○ **4.3. Time in Macroeconomics**

    - Theory of economic growth
    - Investment theory
    - Consumption theory

- **Part V: Society of Time**

  - ○ **5.1. The Impact of Time on Society**

    - Society theory
    - Culture theory
    - Politics theory

- ○ **5.2. Time in Society**

  - Society of time theory
  - The impact of time on society
  - The impact of time on politics

- ○ **5.3. Time in Digital Society**

  - Digital society theory
  - The impact of time on digital society
  - The impact of time on digital politics

- # Results and Conclusions

  - ○ Summary of results
  - ○ Conclusions from the research
  - ○ Recommendations for practice

- # Conclusion

  - ○ Summary of the book
  - ○ The future of time research
  - ○ Conclusion

Note: The translation is based on the provided text, but some minor adjustments were made to improve clarity and readability.

The book can be purchased at

https://readolla.com/time-the-ultimate-power