



# **Growing Smarter, Growing Stronger: A Guide to Child Development at Home and Beyond**





# **Growing Smarter, Growing Stronger: A Guide to Child Development at Home and Beyond**

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Here's the translation to English: **\*\*I Grow and Learn\*\*** **\*\*At Home and in the Park\*\*** **\*\*Part 1: Introduction to Child Psychosocial Development\*\*** \*

## **Chapter 1: Psychosocial Development - Basics**

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- 1.1 Definition of Psychosocial Development
- 1.2 Stages of Psychosocial Development
- 1.3 Factors Influencing Psychosocial Development
- 1.4 Impact of Environment on Psychosocial Development
- 1.5 Role of Parents in Shaping Psychosocial Development
- 1.6 Introduction to Theories of Psychosocial Development

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## **Chapter 2: Cognitive Development**

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- 2.1 Definition of Cognitive Development
- 2.2 Stages of Cognitive Development
- 2.3 Factors Influencing Cognitive Development
- 2.4 Role of Parents in Shaping Cognitive Development
- 2.5 Introduction to Theories of Cognitive Development
- 2.6 Examples of Cognitive Development Exercises

**\*\*Part 2: Emotional and Social Development\*\*** \*

## **Chapter 3: Emotional Development**

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- 3.1 Definition of Emotional Development
- 3.2 Stages of Emotional Development
- 3.3 Factors Influencing Emotional Development
- 3.4 Role of Parents in Shaping Emotional Development
- 3.5 Introduction to Theories of Emotional Development
- 3.6 Examples of Emotional Development Exercises

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## **Chapter 4: Social Development**

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- 4.1 Definition of Social Development
- 4.2 Stages of Social Development
- 4.3 Factors Influencing Social Development
- 4.4 Role of Parents in Shaping Social Development
- 4.5 Introduction to Theories of Social Development
- 4.6 Examples of Social Development Exercises

**\*\*Part 3: Impact of Environment on Psychosocial Development\*\*** \*

## **Chapter 5: Impact of Home on Psychosocial Development**

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- 5.1 Impact of Parents on Psychosocial Development
- 5.2 Impact of Siblings on Psychosocial Development
- 5.3 Impact of Home Environment on Psychosocial Development
- 5.4 Role of Home in Shaping Psychosocial Development
- 5.5 Introduction to Theories of Impact of Home on Psychosocial Development
- 5.6 Examples of Exercises to Impact of Home on Psychosocial Development

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## **Chapter 6: Impact of Park on Psychosocial Development**

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- 6.1 Impact of Nature on Psychosocial Development
- 6.2 Impact of Other Children on Psychosocial Development
- 6.3 Impact of Park Environment on Psychosocial Development
- 6.4 Role of Park in Shaping Psychosocial Development
- 6.5 Introduction to Theories of Impact of Park on Psychosocial Development
- 6.6 Examples of Exercises to Impact of Park on Psychosocial Development

\*\*Part 4: Examples of Solutions\*\* \*

## **Chapter 7: Examples of Solutions in Home**

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- 7.1 Examples of Solutions in Emotional Development
- 7.2 Examples of Solutions in Social Development
- 7.3 Examples of Solutions in Cognitive Development
- 7.4 Examples of Solutions in Psychosocial Development
- 7.5 Introduction to Theories of Solutions
- 7.6 Examples of Exercises of Solutions

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## **Chapter 8: Examples of Solutions in Park**

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- 8.1 Examples of Solutions in Emotional Development
- 8.2 Examples of Solutions in Social Development
- 8.3 Examples of Solutions in Cognitive Development
- 8.4 Examples of Solutions in Psychosocial Development
- 8.5 Introduction to Theories of Solutions
- 8.6 Examples of Exercises of Solutions

\*\*Part 5: Conclusions and Recommendations\*\* \*

## **Chapter 9: Conclusions from Psychosocial Development**

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- 9.1 Conclusions from Emotional Development
- 9.2 Conclusions from Social Development
- 9.3 Conclusions from Cognitive Development
- 9.4 Conclusions from Psychosocial Development
- 9.5 Introduction to Theories of Conclusions
- 9.6 Examples of Exercises of Conclusions

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# Chapter 10: Recommendations for Parents

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- 10.1 Recommendations for Emotional Development
- 10.2 Recommendations for Social Development
- 10.3 Recommendations for Cognitive Development
- 10.4 Recommendations for Psychosocial Development
- 10.5 Introduction to Theories of Recommendations
- 10.6 Examples of Exercises of Recommendations

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