

Discovering Poland with Italian Eyes

Author: Chris Collin

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Here's the translation of the given text to English:

Poland's Most Beautiful Cities According to Italian Rafa?

Introduction

- **Polish-Italian Friendship**

- History of Polish-Italian Relations
- The Impact of Italian Culture on Poland
- The Impact of Polish Culture on Italy

- **Travel Basics**

- Visas and Entry to Poland
- Basic Information about Poland
- Travel Tips

Polish Regions

- **Lesser Poland**

- Kraków - Historic Capital
- Wawel and Kraków Castle
- Old Town in Kraków
- Podhale and Tatra

- **Greater Poland**

- Poznań - Capital of Greater Poland
- Old Town in Poznań
- Wilanów Palace
- Greater Poland - Tourist Region

- **Silesia**

- Katowice - Capital of Silesia
- Old Town in Katowice
- Wilanów Palace
- Silesia - Cultural Region

Polish Cities

- **Warsaw**

- Old Town in Warsaw
- Presidential Palace
- Łazienki Royal Park
- Warsaw - Capital of Poland

- **Gdańsk**

- Old Town in Gdańsk
- Port in Gdańsk
- City Centre in Gdańsk
- Gdańsk - Capital of Pomerania

- **Wrocław**

- Old Town in Wrocław
- Wrocław University
- Market Square in Wrocław
- Wrocław - Capital of Lower Silesia

Italian Cities

- **Rome**

- Old Town in Rome
- Colosseum
- Roman Forum
- Rome - Capital of Italy

- **Venice**

- Old Town in Venice
- Grand Canal
- Gondola House
- Venice - Capital of Veneto

- **Florence**

- Old Town in Florence
- Cathedral in Florence
- Uffizi Gallery
- Florence - Capital of Tuscany

Travel in Poland

- **Excursions and Hiking**

- Excursions to the Sudetes

- Excursions to the Bia?owie?a Forest
- Excursions to Masuria

- **Boat Trips and Sea Excursions**

- Boat Trips in Masuria
- Boat Trips on the Oder River
- Sea Excursions to Gda?sk

- **Excursions to Neighboring Countries**

- Excursions to the Czech Republic
- Excursions to Germany
- Excursions to Ukraine

Culture in Poland

- **Theatre and Music**

- Theatres in Warsaw
- Theatres in Kraków
- Operas in Warsaw

- **Cinema and Festivals**

- Cinemas in Warsaw
- Cinemas in Kraków
- Film Festival in Gdynia

- **Museums and Galleries**

- National Museum in Warsaw
- National Museum in Kraków
- National Gallery in Warsaw

Polish Cuisine

- **Beer and Wine**

- Beer in Poland
- Wine in Poland
- Beer and Wine Production in Poland

- **Traditional Dishes**

- Pierogi
- Bigos
- ?urek

- **Desserts and Snacks**

- Pączki
- Faworki
- Poppy

Conclusion

- **Summary of the Trip**

- Impressions of the Trip
- Memories of the Trip
- Invitation to Return to Poland

- **Gratitude**

- Gratitude to the Italian Author
- Gratitude to Polish Friends
- Gratitude to Readers

The book can be purchased at

<https://readolla.com/discovering-poland-with-italian-eyes>

